

# WEBSITES

## For anyone talking to children & youth about Sexual Health and Sexuality



### **Island Sexual Health**

Information for parents & teens about sexual health. Includes tips for talking about sexuality, information on anatomy, birth control, STIs, local resources, links, and more.

**[www.islandsexualhealth.org](http://www.islandsexualhealth.org)**

### **Beyond the Talk**

A comprehensive and locally based website for youth and their allies hosted by Island Sexual Health.

**[www.beyondthetalk.ca](http://www.beyondthetalk.ca)**

### **Sexuality and U**

Society of Obstetricians & Gynaecologists of Canada provides information for parents, teens, and professionals about sexuality education. Site features comprehensive information including Canadian statistics, child sexual development, sexual diversity, and links.

**[www.sexualityandu.ca](http://www.sexualityandu.ca)**

### **Sex Information & Education Council of Canada**

An excellent resource to learn more about sexuality. Includes information on the Canadian Guidelines and Common Questions about Sexuality Education.

**[www.siecaan.org](http://www.siecaan.org)**

### **Planetahead**

On PlanetAhead, you can find information on Relationships, Sexually Transmitted Infections (STI), HIV, Pregnancy, Contraceptives, and how to reduce physical, mental, and emotional risks

**[www.planetahead.ca](http://www.planetahead.ca)**

### **Smart Sex Resource**

A comprehensive website that provides local, relevant sexual health information and services for all ages in BC. This website is a program of the BCCDC.

**[www.smartsexresource.com](http://www.smartsexresource.com)**

### **Youth Native Sexual Health Network**

YNSHN is an organization by and for Indigenous youth that works across issues of sexual and reproductive health, rights and justice through US and Canada.

**[www.nativeyouthsexualhealth.com](http://www.nativeyouthsexualhealth.com)**

### **Sunny Hill Health Centre**

Sunny Hill Education Resource Centre (SHERC) houses a unique collection of books, videos, journals, board games, curricula and various educational props and materials designed for children with disabilities and their families.

**[www.bcchildrens.ca/Services/SunnyHillHealthCtr/LearningEducation/EducationResourceCentre/SexualHealth/default.htm](http://www.bcchildrens.ca/Services/SunnyHillHealthCtr/LearningEducation/EducationResourceCentre/SexualHealth/default.htm)**

### **Outproud**

Information for gay, lesbian, bisexual, questioning, and transgender youth

**[www.outproud.org](http://www.outproud.org)**

### **Options For Sexual Health**

A comprehensive website that includes detailed sexual health information, clinical resources, and contacts throughout BC

**[www.optionsforsexualhealth.org](http://www.optionsforsexualhealth.org)**

### **Sex, etc.**

Information, advice, and resources by teens for teens (and parents too!)

**[www.sexetc.org](http://www.sexetc.org)**

### **Scarleteen**

Advice, articles, and information addressing sexuality and sexual health issues for adolescents and parents

**[www.scarleteen.com](http://www.scarleteen.com)**



250-592-3479  
[islandsexualhealth.org](http://islandsexualhealth.org)  
[beyondthetalk.ca](http://beyondthetalk.ca)  
[educator@islandsexualhealth.org](mailto:educator@islandsexualhealth.org)

©Island Sexual Health. 2013