



**SWIM TRAINING PROGRAM**

This program is designed to accommodate the schedules of intensive swimming focused athletes that require a number of hours to pursue their passion for swimming while gaining school credit for a number of activities they complete in this field of interest. This is NOT a school district academy, but rather a way that School District 69 and CEAP can provide educational support for students in this field while working in a cooperative manner with the Ravensong Aquatic Club.

This program can accommodate students from Grade 9 to Grade 12, and will use primarily out of the timetable hours to meet course learning outcomes. Hours spent in swimming related activities can be used as credit for up to two courses depending upon the grade. The sample schedule below provides you with an idea of the program’s scope and sequence.

*Note: Out TT is out of timetable, In TT is within the standard timetable*

Gr.	Semester One	Semester 2
9	PHE 9 (In TT as a BSS/KSS course)	PHE 10 SW (Out TT)
10	Psychology 11 (Sports) OPTIONAL ( DL course in TT) or IDS PHE 10	PE 11 Fitness & Conditioning SW (Out TT)
11	PE 11 Active Living SW (Out TT)	PE 12 Fitness & Conditioning SW (Out TT)
12	PE 12 Active Living SW (Out TT)	IDS 12 (Out TT ) will depend upon student plan

**STUDENTS SHOULD SELECT THE COMPETITIVE SWIMMING FOCUS PROGRAM ON THEIR COURSE SELECTION IN CAREER CRUISING AND THE CORRESPONDING COURSES ABOVE DEPENDING UPON GRADE LEVEL**

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Sponsors:

