



ERRINGTON ELEMENTARY SCHOOL

“Your 3B Community School”

P.O. Box 80, 1390 Fairdowne Road

Errington, B.C. V0R 1V0

Phone: (250) 248-8446

Fax: (250) 954-1593

Principal: Mr. Steve Halliday

Vice-Principal: Mrs. Kerri Steel

Newsletter #21

February 9, 2010

Message from the Principal

The students in Ms. Kelly and Mrs. Boudrot's combined grade 4 and 5 class from Room 14 have chosen **Kindness** as the virtue for February. **Kindness** is showing that you care. **Kind** students treat themselves, others and the community around them with care and respect. By being **kind**, people are more connected to others and their community and more involved too. We are reminded to practice **kindness** by “The Bee” as we enter the foyer each morning, as “The Bee” encourages us to be safe, be kind and be respectful. In addition to creating a bulletin board display, Room 14 will be sharing their thoughts about **kindness** with us at the Student Recognition assembly on Friday, March 5 at 8:45. We hope you will be able to join us.

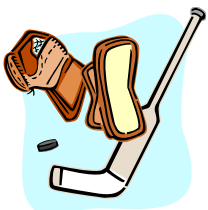


Helping Hands for Haiti

Room 2 has completed their “Helping Hands for Haiti” project. They want to thank the many people who have made donations and were excited to see “helping hands” completely cover the map of Haiti in the foyer. Nearly \$400 was collected which means the goal of a “twoonie per student” was met. The collected money will be donated to the Red Cross, and will be matched by the government. Thank you from Room 2, and I would like to add a thank you to Room 2. Well done.

Parents Supporting Student Achievement

As I have mentioned previously in our last three newsletters, I will be writing about our goals and how parents can help their child or children at home. In relation to our: **Literacy Goal** - to improve students' reading comprehension and to increase their interest in reading for enjoyment. As our beginning readers master **phonemic awareness** and **phonics**, and then develop their **fluency**, the next important step is that of developing and increasing the reader's **vocabulary**. **Vocabulary** is the learning of new words and the ability to understand and use these new words while reading, writing and talking. As parents, you can help build your child's vocabulary in a number of ways. When your child comes to a “new” word, help them with the pronunciation, and talk about its meaning. Talk to your child about daily events. When reading, talk about how the pictures and the text support each other. Play games with your child's reading or spelling word list, or do “new” word searches in books, magazines and in the dictionary. Try to use words from the word lists in conversations at home. Lastly, be sure to talk to your child's teacher about their progress in this area.



Social Responsibility Goal - to provide increased opportunities for students to contribute to the classroom and school community. You can help by encouraging your children to practice this month's virtue of kindness at home and on their way to and from school, and to take an active part in the many “Olympic activities” at the school.

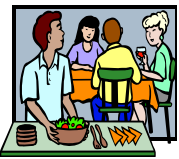
Winter Olympics at EES

We will be celebrating the 2010 Winter Olympics at the school during a two week period beginning this Friday. Last Friday, our grade 1 to 5 students took part in a multi-aged afternoon creating torches, Olympic rings and Canadian flags. This Friday, beginning at 10:15, we will hold our own “Opening Ceremony” in the gym. Students will be presenting information about “Olympic history”, reciting the Olympic Oath, the Athlete's Pledge, as well as taking part in some physical activity. Parents and younger siblings are welcome to join us for our Opening Ceremony this Friday at 10:15 am.

Knights of Columbus Free Throw Competition

The annual District Free Throw Championship took place last Thursday in our gym, where we hosted 38 student finalists from across the School District. Our school was represented by Cassidy Ackerman, Keilan Guild, Jakob Desrosiers and Corben Franklin. Our finalists had a great time at the District final, shot well and represented our school wonderfully. Keilan Guild shot particularly well and was awarded the silver medal for 10 year old girls. I would like to thank all the grade 4 and 5 students who participated in our school Free Throw competition. Once again, well done EES!





PAC News: A Special update

Our next general PAC meeting will be held on Wednesday, February 17, in the library at the school. The meeting will begin at 6:00 pm and agenda items include the Spring Carnival, PAC, school and school district budget concerns. We hope you will be able to join us!

Library News

The theme for February's library book draw is "**Celebrating Canada**" where students are encouraged to read a book about Canada, or a book written by a Canadian author. Entry forms are in the library. Happy reading to all!

Dates to Remember for Parents of Errington Students

February 12	Winter Olympics Opening Ceremony at EES beginning at 10:15 am in the gym
February 19	School Reporting Day (students do not attend school this day)
February 22	District Pro-D Day (students do not attend school this day)
February 26	Winter Olympics Closing Ceremony at EES beginning at 10:15 am in the gym
March 3	Public Health Nutrition presentations to our classes
March 3	Term 2 Report Cards home to parents
March 5	Student Recognition Assembly for February/March at 8:45 am
March 5	Last Day of Classes before the Spring Break
March 6 to 21	Spring Break (all schools are closed)
March 22	Schools re-open after the Spring Break
April 2	Good Friday (all schools are closed)
April 5	Easter Monday (all schools are closed)

Olympic Mascots

Some of our students are bringing the "collectable" Olympic mascots to school and as parents I would ask for your help with a matter related to this. Some of our students are "taking" mascots from others, and others are trading them. We do not want this happening and I would ask parents to monitor these mascots. If you do see your child has ones that do not belong to them, please talk to them and if necessary contact the school.

Health and Nutrition at EES with Room 1

Mrs. Philip's class is doing a project on nutrition and they are learning about the Canadian Food guide. During the Olympics, they will be graphing lunches to see who has "Gold Medal Lunches." This week, they wanted to share with you some "Tips for great lunches" which is attached to this newsletter. We have also arranged to have class presentations on nutrition by nursing students on Wednesday, March 3, all day long.



Eat Well...Get Moving

Hopefully you and your family are paying attention to and tracking the amount of physical exercise you are receiving on a daily basis and your intake of healthy fruits and vegetables! We are into the third week of the six week promotion, **Eat Well, Get Moving** and some students have already finished their first tally card. Lucky School Draw winners are Mackenzie Guild, Aiden Horsley and Trevor Nicoll.

Further draw prizes for completed cards will take place after the fourth week of participation, Feb. 13th so when you have finished a tally card be sure to turn it into your school or classroom teacher. Then, pick up another score card and keep tracking your healthy lifestyle!

Did you know.....every pound of additional lean muscle you put on your body through exercise burns an additional 30-50 calories a day! Fat takes up more space than muscle and a pound of muscle is about 30 percent smaller than a pound of fat.



Community Announcements

Regional District of Nanaimo - Pro-D Days:

1. Everyone Welcome Skate: February 19th and February 22nd from 1:30 - 3:00 p.m. at Oceanside Place Arena. Regular admission.
2. Pro-D Daze Camp: February 19th and February 22nd from 8:00 - 5:00 for children 5-11 years old at Oceanside Place Arena. Cost is \$26.25 for the day and pre-registration is required. For more information on either of the above activities, call 250-248-3252.
3. Home Alone: Learn how to play it safe and make tasty snacks when you are left alone at home for brief periods. Saturday, February 13th from 9:00 - 12:00 at Oceanside Place. Cost is \$18.50 and pre-registration is required. Call 250-248-3252 for more info.