

Thanks to everyone who came to our "Meet the Teacher/Open House" last night. The energy in the building was great and it was fun to watch the children excited to share their classrooms and their learning. I appreciated meeting many of you and I look forward to getting to know you more as the year unfolds.

This is been a great week of learning and community building here at Oceanside. I appreciate the care and thought that the teachers are putting in to building positive learning environments in their diverse classrooms. It is so powerful to watch how students are set up for success and how teachers are accommodating for interests and needs in their classrooms.

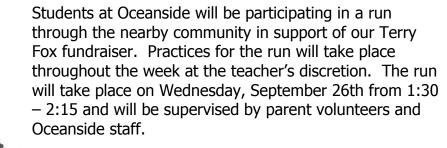
At Oceanside, we are working on being caring, kind and accepting of others. It is so important to learn how to solve problems peacefully. I often wonder, what if we always "assumed the best intent" with others? What is we all followed the "golden rule". Sometimes when we help children solve problems with others, they tell us, "my dad says", "grandma says" or my mom tells me to fight back and stand up for myself when someone is rude to me and I find myself asking if that will make it better and the response is usually, "no". Understandably, we all want our children to be able to stand up for themselves in appropriate ways. As adults, we don't solve problems with violence because we know that violence in conflicts only escalates a situation. We act to calm situations and as adults, we want to teach our children to do the same thing so that they learn to manage their own powerful emotions in conflict situations. Walking away and waiting until everyone is calm to talk it out is one of the best strategies to solve conflicts. Can kids be mean? Yes, they can sometimes, but most of the time they are kind and respectful to one another. When discussing your child's day, if you hear about conflict, try asking "what did you to help?". Let's all work together to help our children learn to care about and accept others everyday.

Have a great weekend ...

Yours in learning,

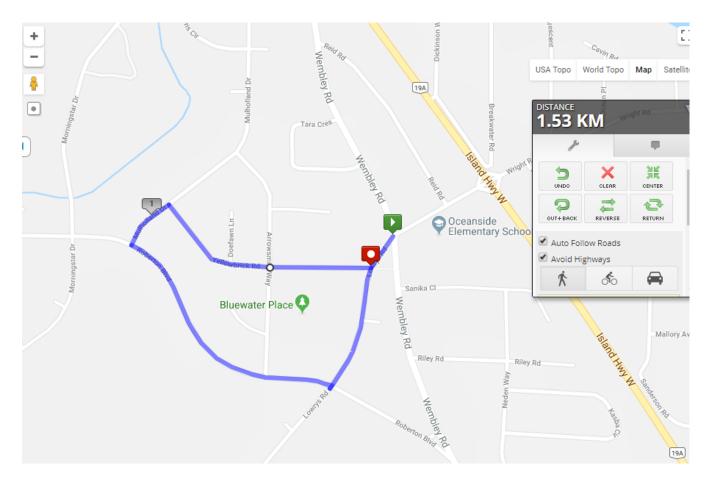
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Please see the map below for details of the run and contact the school if you have any questions. If you do not wish your child to participate in the run, please contact your child's classroom teacher.

If you are able to volunteer, please contact the office ...250-248-4662



LET'S REACH OUR GOAL AND RAISE \$500 !