

CHILDHOOD STRESS & ANXIETY BUILDING RESILIENCE

EMPOWERING STRATEGIES

EFFECTIVE SUPPORTS



Presentation and Discussion By:

Julie-Anne Richards, M.A., R.C.C., C.C.C.

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Thursday, November 22

6:00-8:00 pm

QUALICUM COMMONS

744 Primrose St
Qualicum Beach

for Parents, Caregivers & Staff
All Community Welcome

**Tailored for Parents,
Caregivers & Educators
supporting children
Ages 5 - 13 experiencing
stress & anxiety**

**PRESENTATION
INCLUDING Q & A**

Free Event!

REGISTRATION REQUIRED (Click to Register)

<https://www.eventbrite.com/e/presentation-on-childhood-anxiety-tickets-50675929068>

All Adults Welcome - Registration Required

Hosted by School District No. 69 Qualicum

Funded by the Eric Palmer Memorial Foundation www.ericfoundation.com