



# Reminders

- ⇒ Oct. 9 Picture Day beginning at 9am.
- ⇒ Oct. 14 Thanksgiving Holiday (no school)
- ⇒ Oct. 22 Next PAC meeting at 6:30pm in AES library.

All parents are welcome and encouraged to attend!

⇒ Oct. 25 Non-Instructional Day (no school)





#### Admin Message

September was filled with excitement, connection, and a strong sense of belonging. We are grateful for the positive energy all around the school.

One of the highlights in September was the **Terry Fox Run**, which was an incredible success. It was heartwarming to see students, staff, and families come together to honour Terry's legacy and raise funds for cancer research. Thank you to everyone who participated and supported this important cause. We also had the special opportunity to cheer on the riders of **Tour de Roc** as they made their way down the island, raising money for cancer research.

Our **Meet the Teacher Open House** was another special event, and it was wonderful to see so many families come through the school to meet our dedicated staff and connect with the learning happening in classrooms. Your involvement in your child's education is so appreciated!

We also took time to recognize **Orange Shirt Day**, which was a meaningful opportunity to come together as a school community in reflection and support for Indigenous peoples. It is important that we continue to honour and learn from this history as we work toward reconciliation.

In addition to these wonderful events, the students have been spending time learning outdoors, enjoying the fresh air and exploring nature. This is a great way to foster creativity and curiosity, while keeping active and engaged in the world around them.

Safety is always a priority, and we have successfully practised two fire drills. In October we will also be conducting an earthquake drill to ensure everyone knows what to do in the event of an emergency.

Basketball season is starting soon! Both the boys and girls teams have been practising and are ready for an exciting season. A big thank you to Ms. Rae and Mr. Sim for volunteering to coach the teams.

The grade 6 and 7 students have also started band practice with Mr. Gilchrist. We can't wait to hear the wonderful music that will come from their hard work.

An exciting addition to the mornings is the start of studentled morning announcements. Each day, a pair of grade 5, 6 or 7 students will have the opportunity to read the announcements and share news with the school, as well as Hul'q'umin'um' greetings and word of the week. It's a fantastic way to build confidence and give students a leadership role in our daily routines.

Finally, thank you to our PAC for organizing hot lunch Fridays. The students have been enjoying these delicious meals.

Looking forward to another great month ahead!

# STUDENT VOICE

Hi parents/caregivers of Arrowview, Kookum B is our school's Indigenous elder, she has been teaching us about the four sacred medicines and their meanings. The four sacred medicines are sage, tobacco, sweet grass and cedar. Thanks to her we now know more about Indigenous history. Huy ch q'u Kookum B. By Riley & Saylah :)



### Hul'q'umin'um' Language

Each week on the morning announcements we include Hul'q'umin'um' words we have been practicing. Yuxaytlthut is the Hul'q'umin'um word for *fall* and translates as "before it gets cold". There are three salish moons, which reside within this season: Puqulenuxw the moon where leaves change colour, Xwusulenuxw the moon of falling leaves, and

# Coming up...

October 9 —Picture Day & Fire Safety Presentations(K-5) October 14 —Thanksgiving (no school) October 22 —PAC meeting 6:30pm library October 23 —Gr.6/7 Island Health Vaccinations October 25 —Pro D (no school) October 28 —Photo Retakes October 31 —Halloween PAC haunted house and parade November1 Pro D (no school)

