

### Words Have Power

This week, I had the opportunity to speak directly with all of our Grade 4-7 students about our school's Code of Conduct and the impact of hurtful and harmful words. We've seen instances of students using racial and/or homophobic slurs, often intended as jokes, and it's important for everyone to understand that this behavior will no longer be tolerated in our community.

As a school, we are committed to creating a safe, respectful, and supportive environment for all students. Our priority is to foster a community where each person feels valued and heard, and where kindness and understanding are at the forefront of every interaction. To address this, we've been working proactively with restorative practices, including class circles, so students can express their feelings, reflect on their actions, and repair any harm caused.

The goal is for every student to understand the importance of respect and to make better choices moving forward. We believe that when we come together as a community and hold each other accountable, we can create a stronger, safer environment where everyone feels included.

Moving forward, students who continue to use harmful language will face progressive discipline. Progressive discipline includes verbal warnings, a written warning, support, restorative practices, suspensions, etc. We remain hopeful that the conversations we've had will bring about positive change. By equipping students with the knowledge of why respect matters and encouraging them to reflect on their actions, we are confident that our school will continue to be a place where everyone can thrive.

Thank you for your continued support as we work together to uphold the values of safety, respect, and community.

## Important Dates

Jan 26-Feb 2: Family literacy week

Jan 30 (1:15): Ready Set Learn

Jan 31: Hot Lunch Extreme Eatery

Jan 31: Dress like a book character day

Feb 4: Lion's Club Kindergarten Vision Screening

Feb 5: Yoga with Diane Girard 8am AES Gym

Feb 6: Chinese hot lunch for Lunar New Year (Order before Sunday, Feb 2)

Feb 6 BSS Open house

Feb 7: District Skills Day

Feb 7: Hot Lunch Subway

Feb 7: Find You Fit (Grade 7 only)

Feb 10: Kindergarten hearing screening

Feb 12: Yoga with Diane Girard 8am AES Gym

Feb 12: KSS Open house

Feb 13: Ready, Set, Learn 1:15 @ AES Library

Feb 14: Hot Lunch Sushi

Feb 17: BC Family Day (no school)

Feb 18: PAC Meeting at 6:30 in the library

Feb 19: Yoga with Diane Girard 8am AES Gym

Feb 19: Panago Fundraiser Lunch

Feb 21: Hot Lunch Panago

Feb 22: Free Throw Competition 11-2 @ SES

Feb 26: Pink Shirt Day

Feb 27: Ready, Set, Learn 1:15 @ AES Library

Feb 28: Hot Lunch Extreme Eatery

#### **Inclement Weather for Parents/Caregivers**

During this time of season, inclement weather may affect the safety and welfare of students. When snowfall or power outages have the potential to cause school closures, classes to be postponed, or School District bus services to be disrupted, alerts will be posted as quickly as possible on the district website (as power permits). The information will also be forwarded to local media outlets and conveyed through School Messenger\*.



Before a decision is made about whether buses will be running, or schools will remain open or be closed, the Superintendent consults with the Director of Operations. These administrators take the current and forecasted weather into consideration, and are in communication with Highways Maintenance, our own crews, and other community members who can verify local conditions.

District staff will be considering current road and weather conditions, and also whether schools have power. Freezing weather overnight may mean that conditions are hazardous for travel. It is our intention to make decisions on whether or not buses or schools are operating by 6:15 am, and to have these decisions communicated to local media outlets by 6:30 am wherever possible. Parents/Caregivers should continue to monitor their local media for any weather-related updates and the potential impact on school district operations (i.e. bus operations or school closures). Parents/Caregivers are also reminded to keep battery-operated radios handy and land line telephones plugged in to prepare for power outages. Since weather conditions can be very different in the various communities that make up our school district, we recommend parents/caregivers exercise their judgement based on their own local circumstance when making the decision whether to send or drive their children to school. If a decision is made by the District to keep schools open but parents/caregivers are concerned about safety issues, they are welcome to keep their children home.

#### \*SchoolMessenger - Opt In/Out/Set Preferences

Sign up for SchoolMessenger HERE

or download one of the following apps on your phone:

Apple App Store: download here

Google Play: download here

See also Administrative Procedure: Emergency Closure of Schools (Student) under Board Policy

708: Emergency Preparedness and Closures

## Culture Club

Culture Club happens on Thursdays during lunch recess for grades 1-3. Before Winter Break, students learned about many different winter celebrations around the world. Now, we are excited to be learning about the Inuit Winter Festival in Canada's North. Join us on Thursdays for crafts and stories of cultures near and far.



## Yoga with Diane

Diane Girard is offering free yoga classes in the gym before school. You may remember her as the former manager of the Arrowview Kids Club before she retired a few years ago. She is a yoga practitioner who held yoga classes here in the past and wants to share this with our school community.

Classes will be held on Wednesdays-February 5, 12th and 19th and may continue on if there is enough interest. All ages are welcome and yoga mats will be provided. Class will be held at 8am.



There will be space for 20 people. If there is more interest we will establish a wait list and possibly open up more yoga dates.

To register, email <a href="mailto:arrowview@sd69.bc.ca">arrowview@sd69.bc.ca</a>.

Happy stretching!

# Hul'q'umin'um Language

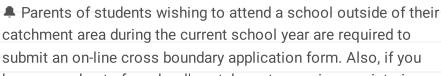
Each week on our morning announcements we include
Hul'q'umin'um' words that we have been practicing. Sta'kaya is the
Hul'q'umin'um word for wolf. Muqmeqe' is the Hul'q'umin'um word
for snowy owl. Pookawtxw is the Hul'q'umin'um word for Library.

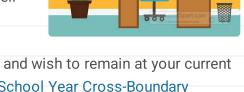
Click on the picture to take your learning further with the Kw'umut Lelum website or download their app!



## News from the Office

\*\*\*Kindergarten registration is open! Kids with a birth year of 2020 are eligible for Kindergarten. Please remind your friends and family to register as soon as possible as we need to know our numbers for planning purposes. See below to register now!





have moved out of a school's catchment area since registering and wish to remain at your current school, a cross boundary form must be completed. <u>2025-2026 School Year Cross-Boundary Applications</u>

☐ ☑ ☎ Please ensure your kids have a change of clothes to keep in their classroom.

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#### **Kreg - Qualicum School District**

Our district will be using the MyEdBC on-line registration process for Kindergarten student registration. The On-Line Registration functionality is currently inactivated until dates stated below. Parents will then be able to create their MyEducation BC login account, and begin to prepare the application.

☑ sd69.bc.ca

# A message from Oceanside Public Health Regarding Immunizations

In B.C., routine immunizations are recommended for children at kindergarten entry (4-6 years of age). If your child has not received their kindergarten immunizations, please contact Oceanside Public Health Services at (250) 947-8242 to book an appointment at the health unit. For more information about immunization, please go to <a href="https://immunizebc.ca/">https://immunizebc.ca/</a> or contact the school nurse at Oceanside Public Health Services.





Chess Club happens every Monday in the Library and is open to all students to come and learn to play chess or take on a friend in a chess match!

# "-"-CHESS





## Climb Aboard the WOW Bus!

Meadowood Community Park – Feb 6th @10:30am-12pm
Nanoose Place Community Centre – Feb 11th @10am-11:30am
Coombs Fairgrounds – Feb 26th @10am-11:30am

WOW Bus is a free drop-in outreach program for children from birth to kindergarten age and their adult. Families are invited to climb aboard the WOW Bus and join us for healthy snacks, playtime, songs, and stories.

Check out our website for more details about the WOW Bus and other free early years programs: www.oblt.ca









Ecole Oceanside Elementary - February 4th & 25th @10:30am - 11:30am

Qualicum Beach Elementary - February 5th & 19th @10am - 11am

Springwood Elementary - February 7th @9:45am - 10:45am

Bowser Elementary - February 10th & 24th @11am - 12pm

Errington Elementary - February 10th & 24th @1pm - 2pm

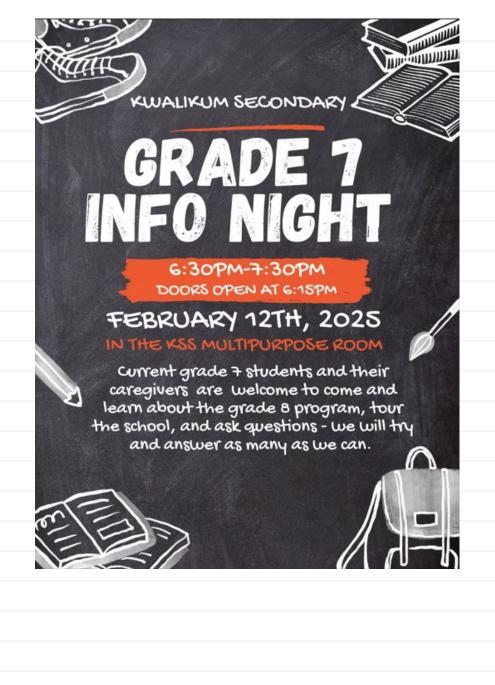
Arrowview Elementary - February 13th & 27th @1:15pm - 2:15pm

Nanoose Bay Elementary - February 21st @9:45am - 10:45am

Ready, Set, Learn is a free drop-in program for children from birth to kindergarten age and their parents/caregivers with the intent of supporting children's transitions into school.

Check out our website to book your spot: www.oblt.ca







**Building Successful Students** 



#### BSS Open House and 2025-2026 Grade 8 Information Session

#### Thursday, February 6th 6:30-8:00 PM

All parents and students who plan to attend Ballenas in the upcoming 2025-2026 school year are invited to our annual Open House. All Ballenas programs and departments will be on display throughout the school.

In addition, **next year's** Grade 8 students and families are invited to attend a special information session at **6:30 PM** in our **Auditorium**.



Phone: 250-248-5721

Web: https://www.sd69.bc.ca/school/BSS/Pages/

## **SUBSTANCE USE PREVENTION:**

MENTAL HEALTH & DECISION-MAKING

A COMPLIMENTARY WEBINAR FOR PARENTS, GUARDIANS & CAREGIVERS

Join leading adolescent Clinical Psychologist
Dr. Hayley Watson for an online event that aims
to help parents, guardians and caregivers gain
a deeper understanding of substance use
prevention and learn practical tools for
supporting youth mental health.



#### **Key Takeaways:**

- O Learn the factors that contribute to youth mental health/substance use
- Understand the skills that youth need to overcome these needs
- Acquire practical tools for empowering your child and youth to make positive choices
- Increase your ability to support your own mental health

Time: 6-7:30pm PST

Date: 20th, 25th, 26th Feb 2025

#### **REGISTER NOW**



We acknowledge the financial support of the Province of British Columbia through the Ministry of Education and Child Care



# **Dodgeball and Games 7-12yrs**

Craig Street Commons Gym
Th Jan 16-Feb, 6 4:30-5:30pm \$24
Tu Feb 11-Mar 11, 4:30-5:30pm \$30

Qualicum Commons - Gym We Jan 15-Feb 5, 4:30-5:30pm \$24

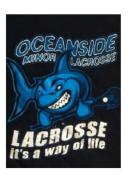


### Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014 Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252



## Chess Club



Preseason "Bring a Friend" Drop In Lacrosse Sessions

Let's Get Ready for the SPRING 2025 Season!!

Registered and Non-Registered participants welcome

MONDAYS at Arrowview Elementary 2025 February 3, 10 and 24 March 3, 7, and 31



U7-11 6-6:45pm U13-17 6:45-7:30pm Helmet, Stick and Gloves \*\*Please inquire if you need gear\*\*



Email: <a href="mailto:laxmom0204@gmail.com">laxmom0204@gmail.com</a>

# Mindfulness in May

"Have Your Say" 2025 Art Exhibit

Open Call to Youth for Submissions

Grades 5-12 in SD 69 & surrounding areas, including home learners







Early Submissions by **March 21st** for a chance to be featured on the exhibit posters and win extra prizes!

All Media - Digital (non-Al), Fabric arts, Mixed Media, textiles, Sculpture etc.

3 Categories: Visual Arts, Photography, Literary Art

All works due by April 4th
Submit online here:
https:/mindfulmay.artistquarter.com/

Sponsored by:









Exhibition: May 1st-11th at the Qualicum Beach Library 660 Primrose Street, Qualicum Beach

OPENING EVENT MAY 1ST 6:00-7:00PM SHOW RUNS APRIL 30TH-MAY 10TH DURING LIBRARY HOURS



For questions or more info, contact Diane at moraninthemoon@gmail.com



21st Annual Qualicum Beach

# Seedy Saturday

'It starts with a seed'

Qualicum Beach Civic Centre

#### Saturday, February 1, 2025

10 am - 3:30 pm

- Seed Swap
- Master Gardeners answering questions
- Seed, Plant and Garden-Related Vendors
- Demos
- Educational Displays
- · Children's Activity
- Door Prizes
- Seedy Café
- 50-50 Draws (cash only)
- No ATM on site
- Pesticide/chemical drop off (in original package)

Swap and Shop: bring your seeds for the seed swap or buy local seeds

for the seed swap or buy local seeds that have been swapped!

#### Admission: suggested \$5 donation

Qualicum Beach Seedy Saturday Association
www.qbseedysaturday.ca • qbsschair@gmail.com
facebook.com/qbseedysaturday • instagram.com/qbseedysaturday







**Arrowview Elementary School** 

https://www.sd69.bc.ca/school/AES/Pages/default.aspx#/=

Contact

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