

ARROWVIEW ELEMENTARY NEWSLETTER

Principal: Flo Wong
Vice Principal: Heather MacLeod



250-752-3875
650 Bennett Rd
Qualicum Beach, V9K 1N1

February 28, 2025

Message from the Principal

Spring and Growth

We've been enjoying the sunshine and noticing early signs that spring is just around the corner! Many valuable learning activities have been taking place. Teachers are preparing your child(ren)'s Learning Update(s) to send home ahead of Spring Break. Ms. MacLeod and I are looking forward to reading these documents which provide a "snapshot" of your child's learning at this point in the year. If you have any questions about the Learning Update, please reach out to your child's teacher.

In the coming months, as learning activities become progressively challenging, expectations increase, and students work towards greater independence, we sometimes see a tendency for some students to want to "give up." The article below shares strategies to help your child develop perseverance—also known as "grit."

Research shows that grit is a key factor in school success:

What do spelling champions and West Point cadets have in common? It's a quality known as grit—the ability to stick with something even when it's hard.

Current research highlights the importance of grit. People who persist when faced with challenges are more likely to be successful. Here are some ways to encourage grit in your child:

- **Focus on the reward of finishing a tough task.** For example, say, "You did your homework—now you can relax and enjoy yourself!"

- **Encourage a habit of starting tasks promptly.** People with grit don't put off unpleasant tasks. Try saying, *"You work on your homework while I clean these drawers. Let's see how much we can finish in 15 minutes."*
- **Emphasize effort over ability.** Success requires dedication and persistence as much as intelligence. Acknowledge every bit of hard work and each small step of progress your child makes.

Source: *Elementary School Parents* (March 2016, Vol. 27, No. 7)

Important Dates

March 2025

March 3: Grade 7 - Find Your Fit at KSS - 1:00 to 2:05pm

March 5: Talent Show 9am (parents welcome)

March 7: Professional Development Day (No School) ☺

March 13: Brant Wildlife Children's Festival (AES Gym) in the afternoon

March 14:

- School Dance in the afternoon with DJ Connor
- Learning Updates to go home
- [Hot Lunch Subway](#)

March 17-28: SPRING BREAK ☺

March 31: Indigenous Language Day



Pink Shirt Day - February 26, 2025

Thank you to everyone who participated in our student-led Pink Shirt Day assembly! It was incredible to see a sea of pink as we stood together to promote kindness and inclusion. Pink Shirt Day began in 2007 when two students in Nova Scotia supported a peer who was bullied for wearing a pink shirt, sparking a movement that reminds us of the power of standing up for one another. Let's

continue to carry that message forward every day by creating a safe and welcoming community for all!

Free Throw Competition

Arrowview did absolutely spectacular at the Knights of Columbus Free Throw Competition!

Congratulations to all our students who represented AES and a big thank you to Ms. Rae for holding the challenges at our school!



Age 9 Girls: Jade - 1st

Age 9 Boys: Lane - 1st

Age 10 Girls: Morgan - 1st, Sophia - 2nd

Age 10 Boys: Shae and Alex - 4th (tied)

Age 11 Girls: Milla - 1st
Age 12 Girls: Marina - 1st, Myah - 2nd (tied)



Talent Show

We're excited to showcase our students' incredible talents at this year's Talent Show! Whether it's singing, dancing, or playing in a rock band, this event is a wonderful opportunity for students to shine. Parents are invited to be attend, March 5th at 9am in the gym.

Volleyball Schedule



2025 Volleyball Schedule.pdf

Download
69.5 KB

Culture Club

Culture Club takes place on Thursdays during lunch recess for grades 1-3. Before Winter Break, students learned about many different winter celebrations around the world. Now, we are excited to be learning about the Inuit Winter Festival in Canada's North. Join us on Thursdays for crafts and stories of cultures near and far.



Hul'q'umin'um Language

Each week on our morning announcements we include Hul'q'umin'um' words that we have been practicing. Tum xuytl is the Hul'q'umin'um word for winter and translates as "cold time". There are three salish moons that reside within this season as well as the 13th moon. Tum xuytl is the Moon of cold weather. Thulxwumucun is the Moon of shining ice. Mimne' is the Little child moon. The common loon can be found on Vancouver Island in the winter time. Xwi'kwus is the Hul'q'umin'um word for loon.



Click on the picture to take your learning further with the Kw'umut Lelum website or download their app!

Click here for the [February Indigenous Newsletter!](#)

New Student Registrations

Grades 1-12 Registration for September 2025 is also open at school sites - [Registration form](#).

Grades 1 through 12 Registration **must** be arranged through the child's catchment school. Use the [School Locator tool](#) to find out which Qualicum School District catchment school serves your address.



Reminders From the Office

Traffic and Parking at AES

🚗*Important* The parking lot between the school and the Kids' Club is strictly **for STAFF and DAYCARE use only**. We understand it's tempting to park near your child's classroom (Room 9, 5, 4, and 2), but **parents are not permitted** to park or use this area for drop-offs or pick-ups. Doing so creates safety hazards and traffic congestion. **Please park in the lower parking lot** and follow the designated one-way loop for pick-up and drop-off. Your cooperation is essential to keep our school environment safe. See the image below or the PDF map for further details. Thank you for your cooperation and attention to this important safety issue.🚗



Cross-Boundary Applications

🔔 Parents of students wishing to attend a school outside of their catchment area during the current school year are required to submit an on-line cross-boundary application form. Also, if you have moved out of a school's catchment area since registering and wish to remain at your current school, a cross boundary form must be completed. Note on your Cross-Boundary Form that you attend AES and wish to continue. [2025-2026 School Year Cross-Boundary Applications](#)

Extra Change of Clothes

👕 Please ensure your kids have a change of clothes to keep in their classroom for days they get wet or muddy during outdoor times.

School Volunteers and Criminal Record Checks

👤 School volunteers need a Criminal Record Check completed:

<https://justice.gov.bc.ca/criminalrecordcheck> Access Code: 2NCAZFWAWT

School Fees

💰 Please login to [School Cash Online](#) to pay any outstanding school supply or field trip fees. If you need any financial assistance, reach out to Flo Wong at fwong@sd69.bc.ca

AES Parking Lot Map 📍 (please do not park in staff parking)

AES Parking Lot – Draft Plan

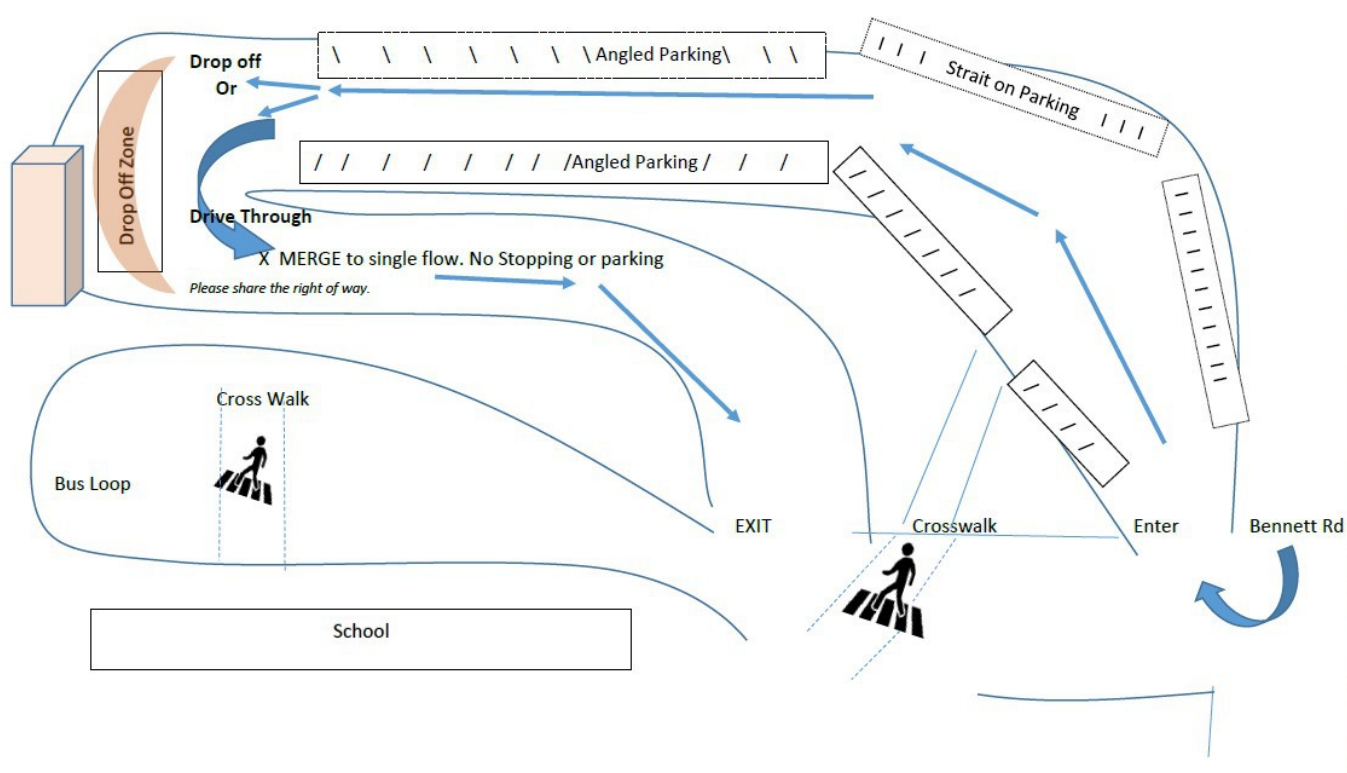
Please drive slowly and safely.

Traffic is one way.

Please share the merge lanes

There is no parking in the drive through or drop off area at any time.

If you are walking please walk with your children. It is safest to walk around the lot to the drop off area rather than through the flow of traffic.





AES Parking Lot.pdf

Map of the parking lot drop off zones.

[Download](#)

457.7 KB

Chess Club



Chess Club meets every Monday in the Library and is open to all students to come and learn to play chess or take on a friend in a chess match!







March 1, 2025 10:00 am - 12:00 pm
Qualicum Beach Civic Centre

At the Power of Stewardship:

- Engage in a dynamic discussion panel led by MABRRI Research Director Pam Shaw
- Meet local stewardship organizations
- Learn about volunteer opportunities
- Gain valuable insights on the impact of stewardship
- Discover Projects and how to get involved
- Network with like-minded community members
- Hear expert insights from Erica Forssmen RDN Drinking Water Watershed Protection Coordinator and Jacob Melville DFO Community Advisor



Mount Arrowsmith Biosphere Region
124 West 2nd Ave Qualicum Beach
250-594-0405
www.mabr.ca



Upcoming Parent/Caregiver/Educator info Session: Understanding and Guiding Youth in Online Gaming

PSSG is excited to share this learning opportunity from Public Safety Canada:

This session will explore strategies to protect children from sexual exploitation and abuse within online gaming environments, providing practical guidance and expert perspectives. The webinar is facilitated by GamerSafer, a safety tech company focused on protecting players and gaming communities from digital risks and harms.

This session will be hosted on Zoom. To register, please click on the link below. You will then receive a confirmation email with login details.

Understanding and Guiding Youth in Online Gaming, March 5, 2025 from 10:30am-12:00pm PST.

[Click here to register](#)

Targeted participants: Parents, caregivers, educators, and civil society organizations.

Participants will be able to ask questions during the event. Please be advised that this event may be recorded.

Wand-Making Art Therapy Workshop

with Erica Williamson RSW, RTC

- ✓ Still Waiting for your hogwarts letter.
- ✓ Love being creative



This art therapy workshop will focus on learning to manage your worries through art. Participants will go home with their own witch/wizard wands and magic room spray.

Friday March 21, 25 5-6:30pm

Ages 8-12

Registration \$50.00.

email: artnsoul.ew@gmail.com

Venue: McMillan Arts Centre (MAC)

133 McMillan Street, Upper Level, Parksville, BC V9P
2H5



March 17-21

3-5yrs, 9:45-10:30am, \$60

3-5yrs, 10:45-11:30am, \$60

6-9yrs, 9:30am-12:15pm, \$130

Innovate Dance Arts



Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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Climb Aboard the WOW Bus!

Qualicum Beach (4 Poles) – March 5th @ 10am – 11:30am

Meet at the main beach parking lot by the washrooms.

Errington Community Park – March 12th @ 10am – 11:30am

Rathtrevor Beach – March 13th @ 1:30pm – 3pm

WOW Bus is a free drop-in outreach program for children from birth to kindergarten age and their adult. Families are invited to climb aboard the WOW Bus and join us for healthy snacks, playtime, songs, and stories.

Check out our website for more details about the WOW Bus and other free early years programs: www.oblt.ca



Little Hands Big Creations 3-5yrs

Craig Street Commons

Tuesday Apr 8-22

9:30-10:30am

\$35



Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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Easter EGG-STRAVAGANZA

15\$ PER CHILD

AIMED FOR CHILDREN

UNDER 8

KIDS BRING YOUR ADULTS



SPRINGTIME CRAFT

EGG DYEING

EASTER EGG HUNT
IN THE GARDEN

SAT APRIL 19, 2025

9:30AM-10:30PM

& 10:30AM-11:30AM

REGISTER AT

THE MCMILLAN ART CENTRE

MCMILLANARTCENTRE.COM



Mountain Bike Camps

Tu-Fr Mar 18-21

8-12yrs

9:00am-12:00pm \$225

13-16yrs

1:00-4:30pm \$250

Hammerfest Trails



Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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Comic Book:

Th Apr 17 4:00-6:00pm \$25

Animal Drawing:

Th Feb 6 4:00-6:00pm \$25

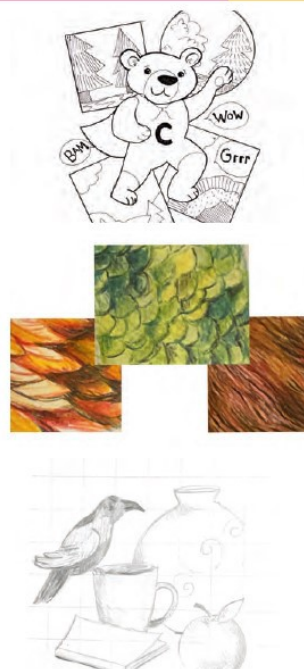
Th Apr 24 4:00-6:00pm \$25

Grid Drawing:

Th Mar 13 4:00-6:00pm \$25

Th May 1 4:00-6:00pm \$25

McMillan Arts Centre



Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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**DID YOU
KNOW?**



Ready, Set, Learn!

Bowser Elementary – March 3rd @ 11am – 12pm

Errington Elementary – March 3rd @ 1pm – 2pm

Ecole Oceanside Elementary – March 11th @ 10:30am – 11:30am

Qualicum Beach Elementary – March 12th @ 10am – 11am

Arrowview Elementary – March 13th @ 1:15pm – 2:15pm

Nanoose Bay Elementary – March 14th @ 9:45am – 10:45am

Springwood Elementary – March 14th @ 12:30pm – 1:30pm

Ready, Set, Learn is a free drop-in program for children from birth to kindergarten age and their parents/caregivers with the intent of supporting children's transitions into school.

Check out our website
to book your spot:
www.oblt.ca



Get Trained to be a Lifeguard

Bronze Medallion 13yrs+

Mar 17-19 \$232 or
May 24-Jun 14 \$232

Bronze Cross 13yrs+

Mar 19-21 \$170

Swim for Life Instructor 15yrs+

Apr 4-13 \$300 or
May 20-Jun 12 \$300

National Lifeguard Pool Course 15yrs+

Mar 24-29 \$400 or
May 17-Jun 8 \$400

Ravensong Aquatic Centre



Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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PHOTO, VIDEO & ART CONTEST FOR CANADIAN INDIGENOUS YOUTH

Celebrating the rich cultural & heritage traditions of Indigenous people,
FORED sponsors this annual contest with cash prizes for Indigenous youth.

Theme: **Traditional Knowledge & Medicine** Prize: **4 x \$150 prizes**
with at least one national winner. *Group work shares prize.* 💰

DEADLINE:
MAY 23, 2025

Fridays 4:30-6:00pm

Feb 21, Mar 14, Apr 11, May 23

Oceanside Place

\$10/each

includes activities and pizza



Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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SUBSTANCE USE PREVENTION: MENTAL HEALTH & DECISION-MAKING

A **COMPLIMENTARY WEBINAR** FOR PARENTS, GUARDIANS & CAREGIVERS

Join leading **adolescent Clinical Psychologist Dr. Hayley Watson** for an online event that aims to help parents, guardians and caregivers gain a **deeper understanding** of substance use prevention and learn **practical tools** for supporting youth mental health.



Key Takeaways:

-  Learn the factors that contribute to youth mental health/substance use
-  Understand the skills that youth need to overcome these needs
-  Acquire practical tools for empowering your child and youth to make positive choices
-  Increase your ability to support your own mental health

Time: 6-7:30pm PST
Date: 20th, 25th, 26th Feb 2025

REGISTER NOW

Scan the QR
Code to Register



We acknowledge the financial support of the Province of British Columbia through the
Ministry of Education and Child Care

Action Sports 5.5-7yrs

Mo Apr 7-May 5
5:45-6:45pm

Oceanside Elem School
\$40



Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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Beginner

Tu Apr 8-Jun 17, 7:30-8:15pm
\$92

Fitness

Th Apr 10-Jun 19, 7:30-8:15pm
\$92

Ravensong Aquatic Center



Register today at rdn.bc.ca/recreation

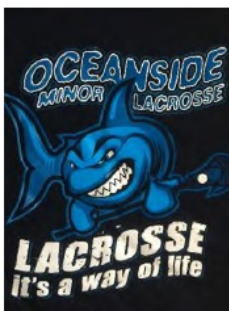
Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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Team Practices Start Late March!



www.oceansidelacrosse.com

Preseason "Bring a Friend" Drop In Lacrosse Sessions

Let's Get Ready for the SPRING 2025 Season!!

Registered and Non-Registered participants welcome

MONDAYS at Arrowview Elementary 2025

February 3, 10 and 24

March 3, 7, and 31



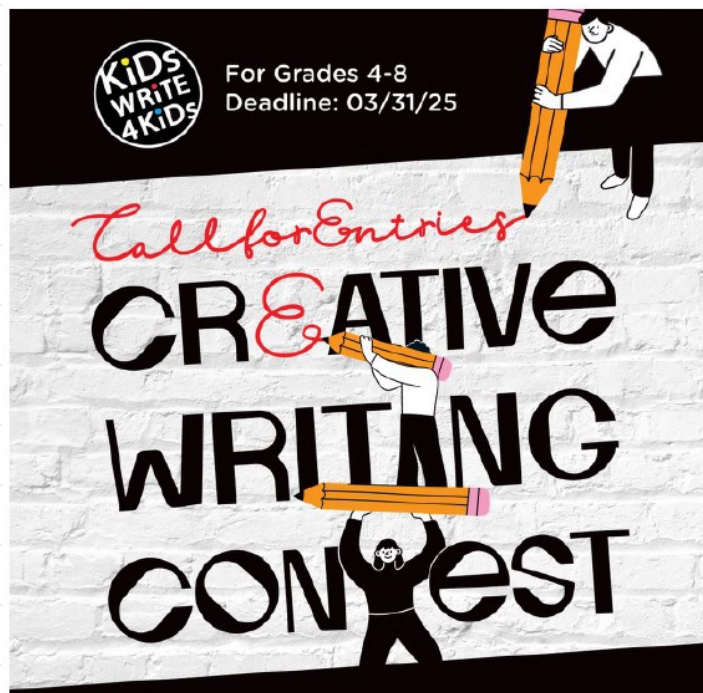
U7-11 6-6:45pm U13-17 6:45-7:30pm

Helmet, Stick and Gloves

****Please inquire if you need gear****

Email: laxmom0204@gmail.com





Kids Write 4 Kids Contest Deadline: March 31, 2025

There is still time to enter. Whether you're a budding novelist, a poetic soul, or someone who loves to tell tales, this is your platform to shine.

Why You Should Enter?

- **Get Published:** Winners become published authors.
- **Make an Impact:** Book sales proceeds are donated to the winner's charity of choice.
- **Join the Panel:** Winners will become judges for next year's contest.

Educators, parents, and creativity enthusiasts – spread the word! Display [our poster](#) in your school, library, or community center to help discover the next wave of storytellers. <https://kidswrite4kids.ripplefoundation.ca/>

Meet our diverse and inspiring individuals on our [Kids Write 4 Kids judging panel!](#)

McMillan Arts Centre
We May 7
10:00am-12:00pm
\$20
All ages welcome.
Supplies are provided.



Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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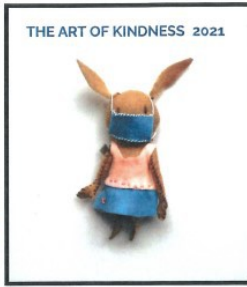
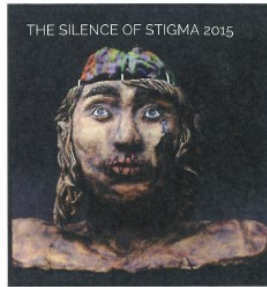


Mindfulness in May

"Have Your Say" 2025 Art Exhibit

Open Call to Youth for Submissions

Grades 5-12 in SD 69 & surrounding areas,
including home learners



Early Submissions by **March 21st** for a chance to be featured on the
exhibit posters and win extra prizes!

All Media - Digital (non-AI), Fabric arts, Mixed Media, textiles, Sculpture etc.

3 Categories: Visual Arts, Photography, Literary Art

All works due by April 4th

Submit online here:

<https://mindfulmay.artistquarter.com/>

Sponsored by:

Rotary
Qualicum Beach



VILLAGE EATERY
& PIZZA HOUSE
Phantom Quality



Stephanie Higginson MLA
Ladysmith-Oceanside



Exhibition: May 1st-11th at the Qualicum Beach Library
660 Primrose Street, Qualicum Beach

OPENING EVENT MAY 1ST 6:00-7:00PM
SHOW RUNS APRIL 30TH-MAY 10TH DURING LIBRARY HOURS



SCAN ME

For questions or more info, contact Diane at moraninthemoon@gmail.com

Wilderness survival skills

Sa Mar 8-29

10:00am-2:00pm \$200/4

Sa May 10-31

10:00am-2:00pm \$200/4

Moorecroft Regional Park



Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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Sa Feb 22 9:00am-4:30pm

Sa Mar 22 9:00am-4:30pm

Sa Apr 26 9:00am-4:30pm

Sa May 24 9:00am-4:30pm

**Pick up and drop off at
Oceanside Place Arena**

\$55



Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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Red Cross Emergency First Aid

We Mar 19
9:00am-5:30pm, \$99

Oceanside Place Arena



Register today at rdn.bc.ca/recreation

Ravensong Aquatic Centre, 737 Jones St, Qualicum Beach ~ 250-752-5014

Oceanside Place Arena, 830 W Island Hwy, Parksville ~ 250-248-3252

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Arrowview Elementary School

[https://www.sd69.bc.ca/school/AES/Pages/default.aspx#/=](https://www.sd69.bc.ca/school/AES/Pages/default.aspx#/)

Contact

