## SOS Youth Programs

### For Grades 6 - 12



### **School Night Out Grades 7 & 8**

Field trips, games and activities allow youth to develop friendships and have fun. Drop-in. Parksville Mondays, 3 - 6:30 pm Qualicum Tuesdays, 3 - 6:30 pm

### **Youth Open Space Grades 9 - 12**

Connect with other youth, shoot pool, play music and games, and eat good food. Drop-in. Parksville Wednesdays, 3 - 6:30 pm Qualicum Thursdays, 3 - 6:30 pm

### **Tutoring Program Grades 6-12**

One-on-one tutoring services for students who need extra support in Math and English. Parksville Mon-Thurs, 3:30-4:30 or 4:30-5:30 pm (September - June).

### **GradWear Program**

Find new or gently used grad outfits for \$5, including shoes and accessories. Open Jan. to July, 2024. Donations accepted year round.

### Recreation Assistance for Children & Youth

Helps low-income families with costs to register local children & youth in sports and summer camps. Call 250.248.2093 ext. 241 for an appointment.

#### Volunteer with SOS!

Learn new things, enhance your resume, meet interesting people and stay active while having fun! Call 250.248.2093 ext. 230 for more information.

SOS programs rely on SOS Thrift Shop support, volunteers and financial donations from the community.

### **SOS Community Services Centres**

Youth Programs contact:

Parksville 250.248.2093 ext. 232 | 245 Hirst Ave. W.

**Qualicum** 250.752.2040 ext. 204 | 744 Primrose St.

Cell 250.954.9035 | childandyouth@sosd69.com





# SOS Child & Family Programs

### Supporting District 69 families



### TIC TAC 0-5 years, Pre-Kindergarten

A friendly environment for parents and caregivers to take a break and recharge while children play and socialize. **Parksville** Tues/Thurs, 9-11 am **Qualicum** Mon/Wed, 9-11 am

### **Intergenerational Family Night Families and Seniors**

Quality family time and community connection through activities and a home-cooked dinner. We welcome seniors to join us and interact with families.

Parksville Tuesdays, 4:30-7 pm Qualicum Wednesdays, 4:30-7 pm

### Kids Movement: Play, Express & Grow Grades 4-6

Build self-esteem, healthy relationships and new connections. SOS bus pickup available for SD69 schools. **Parksville** Thursdays, 3-5:30 pm **Qualicum** Mondays, 3-5:30 pm.

### **Tutoring Program Grades 6-12**

One-on-one tutoring services for students who need extra support in Math and English. **Parksville** Mon-Thurs, 3:30-4:30 or 4:30-5:30 pm (September - June).

### **Recreation Assistance for Children & Youth**

Helps low-income families with costs to register local children and youth in recreation activities. **Call 250.248.2093 ext. 241 for an appointment.** 

SOS programs rely on SOS Thrift Shop support, volunteers and financial donations from the community.

### **SOS Community Services Centres**

Child and Family Programs contacts:

Parksville 245 Hirst Ave. W. | 250.248.2093 ext. 249

Cell: 250.228.4066 | cyfcoordinator@sosd69.com

Qualicum 744 Primrose St. | 250.752.2040 ext. 201

Cell: 250.248.0997 | childandfamily@sosd69.com

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