



### FOOTBALL PLAYING AND TRAINING FOCUS PROGRAM

This program is designed to accommodate the schedules of intensive football focused athletes that require a number of hours to pursue their passion while gaining school credit for a number of activities they complete in this field. This is NOT a school district academy, but rather a way that school district 69 and CEAP can provide educational support for students in this field while working in a cooperative manner with the Ballenas football program.

This program can accommodate students from Grade 9 to Grade 12, and will use primarily out of the timetable hours to meet course learning outcomes (with the exception of one in timetable class suggested in semester one of grade 10). Hours spent in football related activities can be used as credit for up to two courses depending upon the grade. The sample schedule for the year would see semester one focusing on attendance at a combination of practice and play, and semester two focusing on on-site and off-site training, community involvement, and exploring numerous opportunities to explore potential careers related to the sport of football.

*Football Program Scope and Sequence: (suggestion only, all courses are optional)*

*NOTE: (OUT TT is out of timetable, IN TT is within the standard timetable)*

Gr.	Fall or Semester One	Spring or Semester Two
9	PHE 9 (IN TT as a BSS course)	PHE 10 FB (OUT TT)
10	Psychology 11 (Sports) (IN TT as a CEAP course)	PE 11 Fitness and Conditioning FB (OUT TT)
11	PE 11 Active Living FB (OUT TT)	PE 12 Fitness and Conditioning FB (OUT TT)
12	PE 12 Active Living FB (OUT TT)	IDS 12 (OUT TT) will depend upon student plans

**STUDENTS SHOULD SELECT THE FOOTBALL FOCUS PROGRAM ON THEIR COURSE SELECTION SHEET**

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Sponsors:

