CHILD AND YOUTH MENTAL HEALTH PRESENTS:

## UNDERSTANDING YOUR CHILDS ANXIETY

LEARN INFORMATION ABOUT CHILDHOOD AND ADOLESCENT ANXIETY

LEARN STRATEGIES TO HELP YOUR SON OR DAUGHTER COPE IN STRESSFUL SITUATIONS

JOIN US FOR AN ONLINE INFORMATION SESSION
WEDNESDAY MAY 26, 2021
6:00-7:30 PM

Contact Rosalinda Bose for registration: (250) 954-4737 (PRESS I) or rosalinda.bose@gov.bc.ca

