

PAC NEWS



Movie Night Friday April 12 | 6:00PM

What to bring:

- Donation for the school
- Extra spending money for the concession
- A blanket, pillow and stuffy to make it cozy
- A lawn chair for back support
- A parent to supervise

Volunteer help welcome, please connect with erringtonelementarypac@gmail.com



FREE

St. John Ambulance Opioid Poisoning Response Training E-learning Course

DURATION: 90 MINUTES

<https://sja.ca/en/first-aid-training/opioid-poisoning-response-training-e-learning-course-english>

Course Description: Online Only. With widely increasing numbers of opioid poisonings across Canada, St. John Ambulance, in partnership with Pharmasave Respect RX Pharmacy, is offering this critical, self-paced online training program to support all Canadians seeking nasal naloxone administration training. After completing this course you will be able to recognize stigma and harm reduction best practices, identify types of opioids and their impact, administer nasal naloxone and develop a self-care plan.

No Naloxone Kits will be provided for the completion of this online course.

Topics covered in the training include:

- Stigma and harm reduction
- Types of opioids and their impact on the brain
- Nasal naloxone administration
- Personal trauma management

We will need new boardmembers for the new school year to keep PAC running!

Executive Positions Need To Be Filled For 2024-2025

5

CHAIR
CO-CHAIR
TREASURER
DPAC REP
SECRETARY

PAC POSITION #1

CHAIR - Supports the PAC. Brings forward concerns or news from either Parents, the School or Community, Run PAC meetings, Co-ordinate fundraising and other events. Be a liason to the school and PAC, managing email and Facebook posts. Attend meetings with PAC, School, Superintendents and Parents. Needs to be able to work well with others, be proficient, organized, flexible and able to multi-task. **8 HRS PER MONTH**

PAC POSITION #2

CO-CHAIR

- Brings concerns to the Chair, Helps support Chair with tasks, Be able to communicate and work well with Chair. **6 HRS PER MONTH**

1 MEETING PER MONTH • 2 YEAR COMMITMENT

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PAC POSITION #3

TREASURER

- Bank reconciliations, google spreadsheets, deposits, write cheques for expenses and apply for grants. **6 HRS PER MONTH**

1 MEETING PER MONTH • 2 YEAR COMMITMENT

PAC POSITION #4

DPAC REP

- attend the DPAC meetings once a month, take notes and relay information to the PAC. **4 HRS PER MONTH**

1 MEETING PER MONTH • 2 YEAR COMMITMENT

PAC POSITION #5

SECRETARY

- Taking PAC meeting notes, saving them to google docs, posting on facebook. **3 HRS PER MONTH**

1 MEETING PER MONTH • 2 YEAR COMMITMENT

Mark your calendars:

NEXT PAC MEETING

TUESDAY
MAY 14
6:00 PM

NEXT HOT LUNCH

FRIDAY
APRIL 19
SUBWAY

FUN FAIR COMING

SATURDAY
MAY 25
BRADLEY CENTER

YOU HAVE A VOICE! We want to hear from you.

To Keep Informed Visit:
www.facebook.com/groups/eespac
erringtonelementarypac@gmail.com

For More Information Contact:
Shawn, PAC President
erringtonelementarypac@gmail.com

