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## **Principal's Message**

Written by Flo Wong, Vice Principal



"Be a good ancestor with your feelings.
Feelings become compassion
Compassion becomes understanding
Understanding becomes believes
Beliefs become values."

- Leona and Gabrielle Prince -

As we begin another school year, I'd like to draw inspiration from the thought-provoking book "Be a Good Ancestor" by Leona and Gabrielle Prince, which emphasizes the importance of taking care of the place we live, our thoughts, and our feelings.

In today's world, it is vital that we instill in our young learners the significance of being good stewards of our planet, our minds, and our hearts. "Be a Good Ancestor" reminds us that our actions today have far-reaching consequences for future generations. Just as we strive to leave our environment in a better state for those who come after us, we must also work to foster positive attitudes and emotional well-being in ourselves and our children.

As educators, parents, and guardians, we have a shared responsibility to teach our students not only how to excel academically but also how to cultivate kindness, empathy, and mindfulness. These qualities empower our children to be good ancestors by leaving behind a legacy of caring for the Earth, nurturing their mental health, and spreading love and understanding in our world.

# Truth and Reconciliation Week & Orange Shirt Day

September 27-30

"Reconciliation means to make things better."

- James T.

As we approach Truth and Reconciliation Week, culminating in Orange Shirt Day, we are committed to providing our students with meaningful learning opportunities that foster understanding, empathy, and reconciliation. Throughout the week, we will engage in educational activities, and discussions to deepen our collective understanding of Indigenous history, culture, and the ongoing journey towards healing and reconciliation.



James' perspective on reconciliation is beautifully simple yet profound: "Reconciliation means to make things better." This succinct definition captures the essence of reconciliation - the process of acknowledging past wrongs, healing wounds, and working together to create a more equitable and harmonious future. It's a sentiment we should all strive to embody as we engage in the important work of reconciliation.

We will observe Orange Shirt Day on Friday, September 27. We encourage students and staff to wear orange shirts as a symbol of solidarity and commitment to reconciliation.

## **Drop-off and Pick-up**

Please note that school begins at 8:10am. If you are dropping off your child prior to 8:10am, please use the Lower Parking Lot. If you are dropping off after 8:10am, you may pull up to the front of the school. Students who arrive after 8:15am must report to the office before going to their classroom.

Please make sure your child's teacher is aware of your child's after school schedule. We need to know if your child is getting picked up (and by who) or taking the bus.

## **Student Information Forms**



Over the past weeks we sent out some very important forms to fill out. These are annually updated and are required in order to keep our records current. The package includes a sheet called "Student Verification Form" (white form) and a sheet called "Student Health and Emergency Information" (green form). Even if there are no changes to your child's information, we still need you to **sign** those forms and return to the school as soon as possible.





Errington Elementary held our annual Terry Fox Run on Monday September 16<sup>th</sup>. The run was a smashing success, starting with the Chicken Dance warm up on the field for all grades. It was quite a sight to see 250 Wildcats flapping their arms and clucking their beaks!

After the warm-up, primary students stayed on the field running laps. They kept track of their classroom's progress by running a plastic cube around the track for each lap. After the run, primary classrooms totaled their cubes to see how many laps they had collectively run. There were some huge numbers of laps and lots of smiles all around. Terry would have certainly been proud of their effort. A big thank you goes out to our school leaders who helped out with the primary run: Theresa, Mia, Lily and Callie.

Students in grade 3 and up took park in our longer run which takes students down the RDN trail to Kopernick road. Our runners then ran all the way down this long gravel road to where it connects with Leffler road. Students were congratulated by Mrs. Marshall, before returning to the school on the same route. It was a hot afternoon and all of our runners were happy to cool off with a Freezie back at the school.

Our school goal was to raise \$300 for the Terry Fox Foundation to support cancer research. Through online donations we raised \$176 and from our office collection we raised \$216.30 for a total of \$392.30. Thank you to everyone who helped out to make this year's Terry Fox Run a great success!



## **EES Library News**

On display this month, books and resources for **National Truth and Reconciliation Day** on September 30. We wear orange shirts to promote the concept that "Every Child Matters".





**International Week of the Forest** continues as we celebrate the role our forests have in our world and our days here at EES. Classes are invited to check out the Pond Critters display in the lobby and have fun in the RDN Stewardship Forest. Indigenous Advocate, Loanna Clint, will be welcoming classes to the Nest to talk about the "Living Forest".



**Student Vote:** Our new Student Council is made up of Grade 7 students who would like more responsibility this year. They will be advocates for students in our school, lend their voice to a monthly column in the newsletter and run school-wide events such as Student Vote which is taking place on **October 18th**. Some Grade 4-7 classes will learn about democracy and how our provincial political system works. Students in these classes will have the chance to cast their vote for candidates from the three parties running in the Ladysmith-Oceanside riding.

Students have been using their new **library cards**! We ask that books are returned promptly to the library as there is usually a wait list! If a book is lost or damaged, we ask that students bring a book of equal quality and content to replace it. Thank you!

We wish for you a very happy year of reading and learning at EES!

Ms. Richards and Mrs. Cook



## Canada

## Canadian Dental Care Plan: How to Apply Online

- · You can apply for yourself or for someone else. If you're applying for someone else, you'll need to call in and speak to an agent.
- · Before applying, make sure you and your spouse or common-law partner (if applicable) have filed your 2023 tax return and received your Notice of Assessment.

#### 1 Gather your information

To complete the application, you will need to provide



Number (SIN)







mailing address







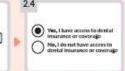
You will be asked for your personal information. If you have a spouse or common-law partner, you will need to provide their information as well.



Provide your phone number, alternate phone number, mailing and home address(es).



Tell us your preferred language and how you'd like to communicate with Sun Life.



Tell us if you're already covered by any other dental insurance plans.



Dell deleted descent



Review your information, then click the "Submit application" button.



Keep a copy of your application. You will not receive a confirmation email.

#### 3 Sit back and relax

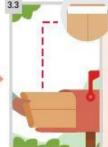


benefits. This will not affect your eligibility.

To check the status of your application, use the CDCP Status Checker at Canada.ca/my dentalapplication or call 1-833-537-4342 and choose \*option 2\*.



You will get a letter by mail with details about your eligibility and what to do next. In the future you will be able to receive notifications through My Service Canada Account (MSCA). Sign up for an account now.



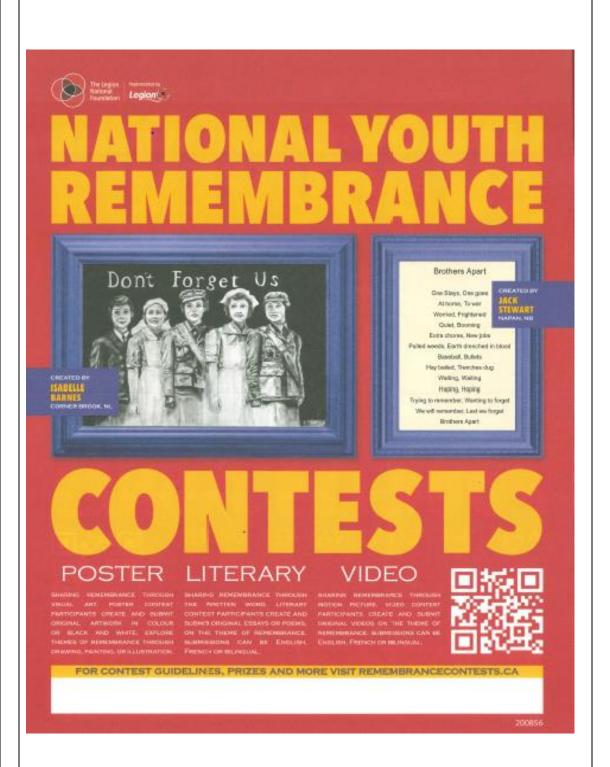
If eligible, Sun Life will mail you a welcome package. It will include your coverage start date, a member card and other details.

For more information, visit Canada.ca/dental.

## National Youth Remembrance Contests

For further information and entry forms for this contest, please click on the link below:

https://www.reme mbrancecontests.c a/





## reCreation Thursday's this Fall at the Errington Hall

Since 2021, the Errington Hall has held a Rec Night for families on Thursday evenings. Beginning this fall, we are adding a cultural component to Rec Night.

The Errington Hall will make its facilities and equipment available and bring in local artist instructors to provide low or no cost participatory arts and crafts workshops for families.

This program is funded by a VIHA grant and participation will be by donation making it accessible for low income and larger families. There may be a material charge for some workshops.

Weekly activities will take place on Thursdays starting October, 2024, and concluding April, 2025. Hours will be from 6:30 pm to 9:00 pm.

There will be snacks, coffee and conversation in the kitchen. If you are interested in being a part of re(Creation) Thursdays, as either a participant or an instructor, please contact us at: vicepresident@erringtonhall.ca for more details.

## **Daily Lunch available @ EES**

Our daily lunch program is underway and we are grateful to be able to provide meals at school for students.

Our dedicated PAC continues to offer Hot Lunch on specific Fridays. Ordering for both programs will be done through Munch-a-Lunch, however, it will be through separate accounts.

\*\*Please note that the ability to order lunches is: 8 days prior for PAC lunches and the Wednesday prior to the date of the lunch for the EES Lunch Program.

EES Lunch Program	EES PAC Hot Lunches
(daily lunch)	(select Fridays only)
Errington School Meals If you already have a PAC account	PAC Hot Lunches
use:	
ADD Errington School	

## **Community Programs & Events**

We get numerous advertisements for community programs and opportunities to include in newsletters. Please click on the link below to view the events/programs offered within the community – access is via the Qualicum School District Community Page:

https://www.sd69.bc.ca/Community69/Pages/default.aspx#/

## **Information for Families:**

Family Accident Reimbursement Plan – Voluntary Insurance <a href="https://specialmarkets.ia.ca/aonbc/home">https://specialmarkets.ia.ca/aonbc/home</a>

## **Public Meetings of the Board of Education**

https://www.sd69.bc.ca/Board/BoardMeetingAgendasMinutes/Pages/Board-Meetings.aspx#/=

## **KEY DATES**

### **SEPTEMBER**

27 – Orange Shirt Day30 – National Truth andReconciliation Day (No School)

#### **OCTOBER**

14 - Thanksgiving Day (No School)25 - Pro-D Day (No school)

#### **NOVEMBER**

- 1 -Pro-D Day (No School)
- 6 Photo Retake Day
- 11-Remembrance Day Statutory Holiday (No School)
- 12 Conferencing Adjustment Day (No School)
- 29 District-Wide Planning Day (No School)

## **DECEMBER**

20 - Last day of school before Winter Break

#### JANUARY

6 - School Reopens after Winter Break