

KWALIKUM CHRONICLES

#3 FEBRUARY, 2025

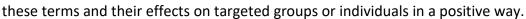
We would like to acknowledge that Kwalikum Secondary School resides on Coast Salish Territory and within the shared territory of the Snaw'naw'as and Qualicum First Nations.

MESSAGE FROM THE ADMIN TEAM

Welcome to the end of February. We are one month into the new semester and have already experienced all the weather and geological events that beautiful Vancouver Island has to offer. From snowstorms to gale force winds and even an earthquake, February was quite a month.

As we head into March we would like to congratulate our basketball teams on a great season; you represented our school well! Great job! We would like to acknowledge our leadership group for organizing school spirit events around Valentine's Day and Pink Shirt Day.

We would also like to share some of the great work that our teaching staff are doing through their collaboration groups. One collaboration group has identified harmful language used in our school and is working with students and staff alike on educating and addressing





This week, we have our course selection assemblies and are very excited about some of the new offerings for students to choose from for next year. We have also updated our course guide <u>LINK HERE</u> with comprehensive descriptions of all of our courses and where they fit within the larger picture of graduation. For more information on some of the new offerings, please check our daily announcements for the recent slides. Students will begin course selection the week of March 3rd and we encourage everyone to look at the course planning sheets available within our course guide.

We look forward to continuing the great work together as we head into the Spring season. As always, please reach out with any questions or concerns you might have.

DATES TO REMEMBER

MARCH

Course Selection
Find Your Fit Tour, MPR
District Pro-D (No School)
Island Health Make-Up Immunizations (Grade 9)
Island Health Catch-Up Immunizations (Grade 10)
Course Selection Make-Up Day
Parent/Caregiver Teacher Conferences, 5:30pm-8:00pm
Parent/Caregiver Teacher Conferences, 3:30pm-6:00pm

WEDNESDAY SCHEDULE

Wednesday, March 5 th	Day 1 (ABCD)
Wednesday, March 12 th	Day 2 (BADC)

Wednesday, April 2 nd	Day 1 (ABCD)
Wednesday, April 9 th	Day 2 (BADC)
Wednesday, April 16 th	Day 1 (ABCD)
Wednesday, April 23	Day 2 (BADC)
Wednesday, April 30 th	Day 1 (ABCD)

KONDOR KITCHEN NEWS

The Kondor Kitchen is putting together a "Kondor Kitchen Recipe Collection"!

Do you have a favourite family recipe that you would like to share with us?

The Kondor Community Cookbook is in the works. From appetizers to desserts, to your favourite canning recipes and cultural foods . . . even foraged food recipes. You got it, and we want it! Please fill out the google form BEFORE March 30.

ARTIST ALERT Accepting drawings for the cover, food categories and any food related items that you think should be included in our cookbook! Drop off in the Kondor Kitchen. Win a meal card, through a random draw, for your art submissions.



SPRING TEACHER/CAREGIVER/PARENT CONFERENCES

Bookings will open up on March 3rd and end on March 11th. Appointments do book up quickly so mark this on your calendars! See our website or click <u>here</u> to schedule.

NURSES AT THE SCHOOL

Drop-In Vaccine Clinics, Tuesdays (March 4th and 11th) - Public Health Nurses will be offering Drop-In Vaccine Catch-Up Clinics to students Gr. 9-12 who wish to discuss or receive any routine vaccinations they may have missed at the regular school-based clinics this year. Opportunities for vaccine catch-up are also available by appointment through your local health unit. Please feel free to contact Oceanside Public Health Services at 250-947-8242 if you have any questions regarding your child's vaccine status/schedule or wish to book an appointment.

GRADUATION INFORMATION

All parents/caregivers with a student graduating in 2025 are invited to send *emails* to kssparentgrad@gmail.com and follow the KSS Prom Facebook Group at KSS Prom Facebook Page or the Grad Parent Instagram at Kwalikum Secondary School Grad Parents. Help spread the word!



Prom is being held on June 7th, 2025 at Cuckoo Trattoria and Pizzeria.

Commencement is being held on June 26th at KSS.

Grad Fees are now posted in School Cash Online. If you have not received a notification, please sign into your account **here.** Grad Fees are as follows:

Commencement - \$60

Prom -\$150

Guest Fee - TBD

VOLUNTEERING AT THE SCHOOL

If you are a volunteer for the school community in any capacity (i.e. coach, parent driver for sports, chaperoning), it is required that you have a current Criminal Record Check on file. We have simplified this process by making it available online. Once approved, they are valid for 5 years. Please contact the school office for more information.

INDIGENOUS EDUCATION

Click here to view the February newsletter from our Indigenous Education Department.

COMMUNITY EVENTS

There is lots going on in the community. For information on various events, head on over to the Community page on our district website. We do post what we feel is relevant to our high schoolers, but there is so much more!

https://www.sd69.bc.ca/Community69/Pages/default.aspx#/=



Upcoming Parent/Caregiver/Educator Info Session: Understanding and Guiding Youth in Online Gaming

PSSG is excited to share this learning opportunity from Public Safety Canada:

This session will explore strategies to protect children from sexual exploitation and abuse within online gaming environments, providing practical guidance and expert perspectives. The webinar is facilitated by GamerSafer, a safety tech company focused on protecting players and gaming communities from digital risks and harms.

This session will be hosted on Zoom. To register, please click on the link below. You will then receive a confirmation email with login details.

Understanding and Guiding Youth in Online Gaming, March 5, 2025 from 10:30 am − 12:00 pm PST.

CLICK HERE TO REGISTER

Targeted participants: Parents, caregivers, educators and civil society organizations.

Participants will be able to ask questions during the event. Please be advised that this event may be recorded.

For any questions about the event, please do not hesitate to email Public Safety Canada at: onlinecseeseenligne@ps-sp.gc.ca.



First Aid Training 13-18yrs

Red Cross Emergency First Aid

We Mar 19 9:00am-5:30pm, \$99

Oceanside Place Arena



Register today at rdn.bc.ca/recreation





Get Trained to be a Lifeguard

Bronze Medallion 13yrs+ Mar 17-19 \$232 or May 24-Jun 14 \$232

Bronze Cross 13yrs+

Mar 19-21 \$170

Swim for Life Instructor 15yrs+ Apr 4-13 \$300 or May 20-Jun 12 \$300

National Lifeguard Pool Course 15yrs+ Mar 24-29 \$400 or May 17-Jun 8 \$400 Ravensong Aquatic Centre



Register today at rdn.bc.ca/recreation





Mountain Bike Camps

Tu-Fr Mar 18-21

8-12yrs

9:00am-12:00pm \$225

13-16yrs

1:00-4:30pm \$250

Hammerfest Trails



Register today at rdn.bc.ca/recreation





Youth Swim Lessons 11-17yrs

Beginner Tu Apr 8-Jun 17, 7:30-8:15pm \$92

Fitness Th Apr 10-Jun 19, 7:30-8:15pm \$92

Ravensong Aquatic Center



Register today at rdn.bc.ca/recreation





Register Now!

Junior Development (age 9-13) High School (age 14-18)

GO FOR YOUR PERSONAL BEST!

oceansidetrackfield.ca



THE POWER OF

Stewardship

Discover the remarkable contributions of local stewards dedicated to protecting and enhancing our region!

March 1, 2025 10:00 am - 12:00 pm Qualicum Beach Civic Centre

At the Power of Stewardship:

- Engage in a dynamic discussion panel led by MABRRI Research Director Pam Shaw
- Meet local stewardship organizations
- Learn about volunteer opportunities
- Gain valuable insights on the impact of stewardship
- Discover Projects and how to get involved
- Network with like-minded community members
- Hear expert insights from Erica Forssmen RDN Drinking Water Watershed Protection Coordinator and Jacob Melville DFO Community Advisor





Mount Arrowsmith Biosphere Region

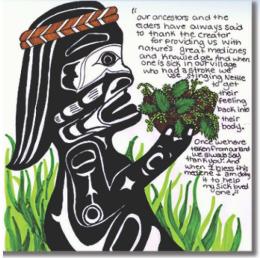
124 West 2nd Ave Qualicum Beach 250-594-0405 www.mabr.ca



PHOTO, VIDEO & ART CONTEST FOR CANADIAN INDIGENOUS YOUTH

Celebrating the rich cultural & heritage traditions of Indigenous people, FORED sponsors this annual contest with cash prizes for Indigenous youth.

Theme: Traditional Knowledge & Medicine Prize: 4 x \$150 prizes with at least one national winner. Group work shares prize.



Interview a local elder about homemade salal tea on video? Creativity of all kinds is welcomed.

Contest Details: Please submit entries via the easy entry form on our website. https://www.foredbc.org/traditional-knowledge-contest Entries may also be mailed to the address at bottom.

- Eligibility: youths aged 5-18 of First Nations, Inuit, Métis, or self-declared ancestry.
- Participants must include their name, band affiliation/ancestry, home address, phone & email address, parent & teacher contact, grade & school on website entry form or with mailed entries.
- Please include a brief description of how your artwork relates to traditional knowledge and medicine. DEADLINE: May 23/25
- All original artistic work accepted: i.e. pencil, crayon, paint, mural, collage, photos, animations, videos etc. (.jpg, .pdf, .png, .mp4, .MOV). **Minimum image size 2MB**. Videos must be less than 3 min. **Please have someone take a photo of you with your artwork if possible.**
- By entering, winners agree their names & entries can be published in local & social media, or displayed on BC Ministry of Education sites for Indigenous People's Day, June 21, & our <u>website</u>.
- All entrants qualify for complimentary, honourary youth membership. No commercial use of entries.
- Mailed entries won't be returned. Only winners will be notified.
- See how Indigenous volunteer mentors integrate traditional knowledge into natural resources practices on our <u>YouTube</u>. Follow us on social @foredbc.
- Complimentary teacher & youth activities by age group on Indigenous culture available here.

Questions? Email education@foredbc.org.

FORED BC is a charitable association established in 1925. We work with volunteers on community-based sustainability projects. We thank our generous donors; the Province of BC & the Vancouver Foundation.



#213 - 4481 W.10th Ave.Vancouver, BC V6R 4R8 P: 604-737-8555 E: info@foredbc.org W: foredbc.org

Support balanced education about our environment & sustainable natural resources. Trusted since 1925.





Art Therapy Workshop

with Erica Williamson Art Therapist RSW, RTC

FRIDAY MARCH 28 5-6:30 PM

A focus on self love and acceptance. Using a variety of art mediums.

- Body Mapping Using art to explore the teen years
- Temporary Body Art- Create you own image using temporary body art pens.

Ages:13-18

Registration: \$50, body art kit inc. email: artnsoul.ew@gmail.com

Venue: McMillan Arts Centre (MAC)

133 McMillan Street, Upper Level,
Parksville, BC V9P 2H5

SOS GradWear

Shop for new and gently used dresses, suits, shoes and accessories — all for \$10







Call, text or email for a weekday appointment.

Also open during March 17-28 (Spring Break) and May 1-7 (Youth Week).

Saturdays and evenings available upon request.

SOS Community Services Centre

250.248.2093 ext. 232 | Text: 250.954.9035 245 Hirst Ave. W., Parksville| www.sosd69.com childandyouth@sosd69.com | 👍 🖸 🛅 🗸

