PAC UPDATE



Hot Lunch



Our first HOT DOG (and VEGGIE DOG) lunch is next

Friday, November 8, 2019

As this is a short week, cash orders must be in by Thursday, October 31 at 3pm & online orders are due Sunday, November 3rd at 4pm.

Hi! My name is.....

New to Springwood?

Been here for years but want to meet some more friendly faces?

Bring your coffee to the MPR* **Thursday, October 31st at 9:00am-10:00am** and hang with some other Parents & Guardians of Springwood while we wait to see our little Goblins, Giraffes, Pirates and Pokemans walk around the gym for the Halloween Costume Parade!



... Then we can tell the kids this is "Old School Face Time!"



*(MPR is the room on the left when you walk in the school...If the painters are set up ...and we want to make sure a certain PAC Vice Chair doesn't pick up a paintbrush and start channelling her inner Van Gogh...we will relocate to another room and leave a note to let everyone know!)

Purdys Chocolatey Goodness



One week left to order Purdys though SES PAC. (*Thank you to all the families that choose to support our students by ordering through PAC!* All funds raised stay right at school and go towards field trips, technology, Foods Room & Maker Space among other items!). All orders must be dropped in the box, outside the office, by **Monday, November 4th.**

SD69 Cross Country Meet

Wednesday, November 6 - Springwood is hosting the district Cross Country Meet. PAC is helping recruit some "Rabbits and Marshals" for the race. You do not need to have a child in the race to volunteer. We are hosting the other schools in the district and this is Springwoods opportunity to come together and support all the athletes! The race starts at 10:00 and should be over around 11:30. Please be prepared to be outside from 9:00-11:30.

How can you help? What is needed?

- <u>Rabbits:</u> We found out that none of us adults can run as fast as the kids...so Pace Race Rabbits are now on BIKES! There are at least 6 heats of races. Each race has a "leader" (or "Rabbit") that goes out in front of the runners and leads them through the course. We need at least 3-6 Rabbits (if we get more that would be better as having a sweeper at the end of each heat is beneficial and the kids really appreciate not being left at the back alone). If you have a bike and can commit to volunteering Wednesday morning Please email <u>springwoodpac@gmail.com</u> by Friday, November 1st and indicate "I will be a Rabbit on a bike" and we will write your name down.
- <u>Marshals</u>: Course Marshals, at least 10-12, are required throughout the course that runs through the forest behind the school and up through the community to ensure all runners are safe and injured runners can be taken care of. Anyone with younger children are welcome to volunteer with them as they tend to love standing with you clapping and cheering!
 - *Duties include:* Cheer, Clap, Encourage, Clap, Cheer, Support, Motivate, Clap, Direct and Point Kids in the Right Direction and Clap! (bonus points to anyone who brings a cow bell!!!)

Please email <u>springwoodpac@gmail.com</u> by Friday, November 1st and indicate "*I will be a Marshal*" and we will write your name down.

All Rabbits and Marshals will meet outside the office Wednesday, November 6 @ 9am and Mr.Saremba will walk all of us around the route and show everyone where their spot is. (If you are unsure if this will be fun...I can give you my parent stamp of approval and let you know it's super duper fun! It is such an cool opportunity to be a supportive leader and help that aspiring athlete as they brave their own race nerves and run through the course!...bring a tissue...these kids are so awesome and determined your eyes may leak with pride for them!)





Thanks to everyone who has already emailed PAC to let them know they will volunteer! We will finish gathering all the names and then email you to let you know your name has been included!