

Springwood Elementary School

Newsletter #11 April 16, 2025



Message From Principal

Happy Long Weekend!

As we head into the long weekend, I want to wish all of our families a restful and joyful weekend. There will be no school this Friday or Monday. Whether you're spending time with family, getting outdoors, or just taking a break, I hope it's a chance to relax and recharge.

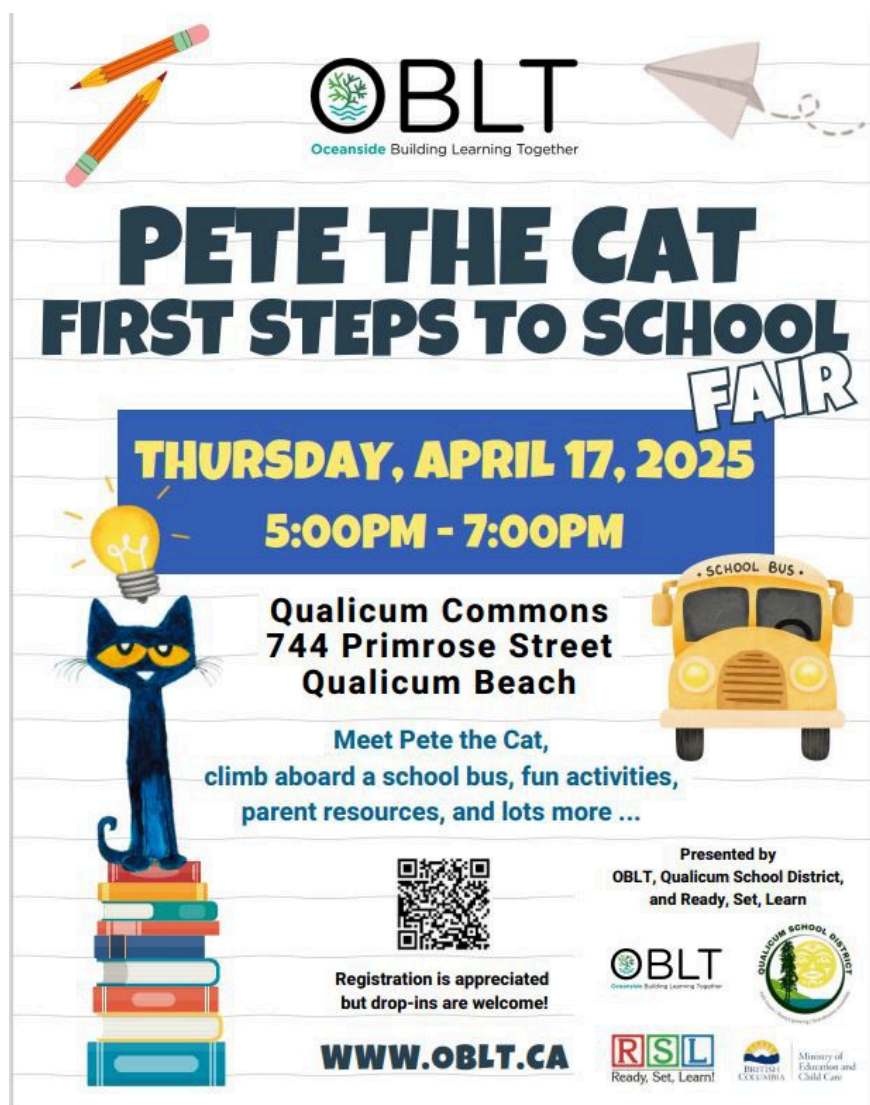
When we return next week, please help your child get back into regular routines as smoothly as possible. Keeping consistent bedtimes, limiting screen time during the school week, and carving out quiet time for homework or reading can make a big difference. One great habit to build is taking a few minutes each day to talk with your child about what they learned at school—these simple conversations help reinforce their learning and show them how much you value their education. Also, a quick check-in to make sure classroom work is complete and materials are organized can go a long way.

In our last newsletter, I mentioned a book called *The Anxious Generation* by Jonathan Haidt. If you haven't had a chance yet, I encourage you to visit the [author's website](#). It offers quick, practical resources and insights that are well worth exploring and sharing with your family.

As we move into the final stretch of the school year, there are lots of exciting activities and events coming up. Please keep an eye on your inbox for emails—we don't want you to miss a thing!

Wishing you a great weekend!

Sincerely,
Jesse Witte



My Ride K-12 Transportation Website/App

My Ride K-12 Transportation Website/App

The district is introducing a new Transportation App/Website service, **My Ride K-12** that will be the primary method of communicating bus routing information to families moving forward. This service is available via a web browser and website or via a downloadable app which includes notification features. See the [Transportation](#) section of our website for more information and an FAQ and sign up instructions.

Kindergarten Immunization

Island Health is committed to making immunizations more accessible to children. Immunizations will be provided at the school for kindergarten on Students in kindergarten will only be offered immunizations at school-based clinics with the consent of a parent/guardian.

Recently, a letter was sent home through the school for kindergarten students who are eligible for immunizations. If your child brought home a letter and you have not already done so, complete the online provincial digital consent tool by If you do not have access to a computer or smart phone, please contact your local public health unit at the phone number below.

Please contact the local public health unit at if you have any questions, if you are submitting immunization records for your child using the digital consent tool, or if you would prefer to book an immunization appointment for your child at the health unit

Grade 6 Immunizations

Consent packages for grade 6 students were sent home from the school in the fall. Public health nurses will be returning to offer grade 6 immunizations in school-based clinics with the consent of a parent/guardian/representative on May 5th, 2025.

Human papillomavirus (HPV) vaccine is recommended in grade 6 as part of the B.C. immunization schedule to prevent 6 types of cancer (cervical, oropharyngeal, anal, vaginal, vulvar, and penile cancers). The B.C. immunization schedule for grade 6 students is 2 doses 6 months apart.

Contact the local Health Unit at if you have any questions.

Student Learning Survey - Province of British Columbia

Your voice matters! The Ministry Students Learning Survey is a crucial opportunity to share your experiences. Your feedback provides valuable insights that allow us to improve programs, enhance resources, and better support your spiritual and academic journey. By taking a few minutes to complete the survey, you contribute to a stronger, more effective learning environment for yourself and future students. Please take the time to participate.

Thank you

<https://www.awinfosys.com/SurveyFull1/central/main/access.asp>

Scent Free

Just a reminder our District Policy is that all worksites are Scent Free environments



POPCORN SALES - Every Wednesday

Popcorn Sales are Wednesdays \$2.50 a bag.



Change of Clothes

Just a reminder to be sure to send a **change of clothes** for your child that is to be kept at school as the weather starts to get rainy and wet (if your child comes home with dirty wet clothes, please replace with a new set to remain at school). Rain boots and rain jackets are necessary as well. Thank you!



Also, the lost and found is growing please stop by and see if anything belongs to your child.

SES Spirit Wear

Spirit Wear is back in full force! Every Friday staff and students show their school spirit by wearing their Springwood gear.

T-Shirts \$22.00

Hoodies \$35.00

Hats \$30.00
Toques \$22.00
Please see the front office for purchase. Cash or Cheque accepted.
If you would like to use the online option, please contact Candice in the front office.



Upcoming Dates - MARK YOUR CALENDAR!

- Apr 18th - Good Friday -students do not attend
- Apr 21st - Easter Monday - students do not attend
- Apr 24th - Hot lunch - Chinese Kitchen
- Apr 24th - Class Photos
- Apr 28th - School-based PRO D-Day -students do not attend
- May 8th - Hot lunch - Tim Hortons
- May 16th - Conferencing Adjustment Day - students do not attend
- May 19th - Victoria Day - students do not attend
- June 26th - Final Day for Elementary Students - School dismiss three hours early 11:45 am

B. C. Training and Education Savings Program Grant

[B.C. Training and Education Savings Program Grant flyer](#) with families/guardians of students in Kindergarten through Grade 3 to remind them that their child may be eligible for a \$1,200 B.C. Training and Education Savings Grant for their post-secondary education or training.



PAC UPDATE

Thank you to all the families that have supported our fundraisers for the new playground this year!

VOLUNTEER OPPORTUNITIES:

- ☆ May 9th - Cross Country District Track Meet: Parent volunteers are needed along the route to cheer on students and ensure they stay on the correct path 9am-1pm.
- ☆ May 14th + 21st - Wheely Wednesday 11:25am-12:30pm
- ☆ June 25th - Fun Day: This fun-filled day is for both students and staff. Volunteers are needed for setup at 8am, to run various stations throughout the day, and for cleanup at the end of the day.

The PAC meeting on April 24th will be held at 6pm in the MPR at Springwood. Guest speaker Angie Brown will attend to share her role in the District.

PAC elections will be held at our May meeting for the upcoming school year. Nominations must be emailed to springwoodpac@gmail.com by May 20th, including the name and position.

As always please reach out to Springwood PAC via springwoodpac@gmail.com or in person.



Upcoming erase Training

Upcoming *erase* Training

- Families:
 - April 8 – [Establishing Safe, Caring and Respectful Digital Communities \(virtual\)](#)
 - NEW OFFERING – April 23 – [Establishing Family Practices for Safeguarding against Cyberbullying and Sextortion \(virtual\)](#)

- May 7 – [Establishing Safe, Caring and Respectful Digital Communities \(virtual\)](#)
- May 21 – [Establishing Family Practices for Safeguarding against Cyberbullying and Sextortion \(virtual\)](#)
- June 3 – [Establishing Family Practices for Safeguarding against Cyberbullying and Sextortion \(virtual\)](#)

Creating a Substance Use Prevention Plan Webinar for Parents

The Ministry of Education and Child Care with Dr. Hayley Watson, adolescent clinical psychologist from [Open Parachute](#), is hosting three, free virtual sessions for parents, guardians and caregivers on creating a personalized step-by-step plan for implementing substance use prevention skills in their home.

Participants are required to [register](#) in advance for one of the sessions on April 29, May 7 or May 8 from 6:00-7:30 pm PDT.



Kids Try Tennis!

Qualicum Beach Tennis Courts

March 28, April 21, April 28, May 19

3:00-4:00 p.m.

All kids, all ages, no experience needed

Racquets and balls provided

Prizes

Register for free with name and age: arrowsmithtennis@hotmail.com



ARROWSMITH TENNIS CLUB





6:00pm - 9:00pm
Thursday, May 1, 2025



SIGN UP WITH YOUR TEAM OF THREE OR FOUR.
ENGAGE IN FUN, FRIENDLY GAMES.
WIN PRIZES. FREE PIZZA AND COOKIES.

REGISTRATION:
[ARROWSMITHRECREATION.CA/CLASSES](https://arrowsmithrecreation.ca/classes)
REGISTRATION DEADLINE: APRIL 25

TRACYCARGO-WHITE:
TRACY.CARGO@OUTLOOK.COM
250-947-5272



SCAN ME

COOMBS FAIRGROUNDS GYMNASIUM
1014 FORD ROAD, COOMBS

Funding support provided by:
 REGIONAL DISTRICT OF NANAIMO

Mindfulness in May

“Have Your Say” 2025 Art Exhibit
Open Call to Youth for Submissions

Grades 5-12 in SD 69 & surrounding areas,
including home learners



Early Submissions by **March 21st** for a chance to be featured on the
exhibit posters and win extra prizes!

All Media - Digital (non-AI), Fabric arts, Mixed Media, textiles, Sculpture etc

3 Categories: Visual Arts, Photography, Literary Art



Follow Us On Instagram!

@springwood_wolves



shutterstock.com · 420838831

Contact Us

Jesse Witte, Principal - jwitte@sd69.bc.ca

Lauren Nikirk, Acting Vice Principal - lnikirk@sd69.bc.ca

Candice Nikirk, Administrative Assistant - cnikirk@sd69.bc.ca

Pamela Horrigan, Administrative Assistant - phorrigan@sd69.bc.ca

Phone - 250-248-2038

Pam Horrigan

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