

SOS Child & Family Programs

Supporting District 69 families



TIC TAC 0-5 years, Pre-Kindergarten

A friendly environment for parents and caregivers to take a break and recharge while children play and socialize. **Parksville** Tues/Thurs, 9-11 am **Qualicum** Mon/Wed, 9-11 am

Intergenerational Family Night Families and Seniors

Quality family time and community connection through activities and a home-cooked dinner.

We welcome seniors to join us and interact with families.

Parksville Tuesdays, 4:30-7 pm **Qualicum** Wednesdays, 4:30-7 pm

Kids Movement: Play, Express & Grow Grades 4-6

Build self-esteem, healthy relationships and new connections. SOS bus pickup available for SD69 schools.

Parksville Thursdays, 3-5:30 pm **Qualicum** Mondays, 3-5:30 pm.

Tutoring Program Grades 6-12

One-on-one tutoring services for students who need extra support in Math and English.

Parksville Mon-Thurs, 3:30-4:30 or 4:30-5:30 pm (September - June).

Recreation Assistance for Children & Youth

Helps low-income families with costs to register local children and youth in recreation activities. Call 250.248.2093 ext. 241 for an appointment.

SOS programs rely on SOS Thrift Shop support, volunteers and financial donations from the community.

SOS Community Services Centres

Child and Family Programs contacts:

Parksville 245 Hirst Ave. W. | 250.248.2093 ext. 249

Cell: 250.228.4066 | cyfcoordinator@sosd69.com

Qualicum 744 Primrose St. | 250.752.2040 ext. 201

Cell: 250.248.0997 | childandfamily@sosd69.com

www.sosd69.com     @sosyouthgroup



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